

# BETTER SAFE THAN TUMOUR.



This card is designed to help you know and spot **the signs and symptoms of brain tumours**

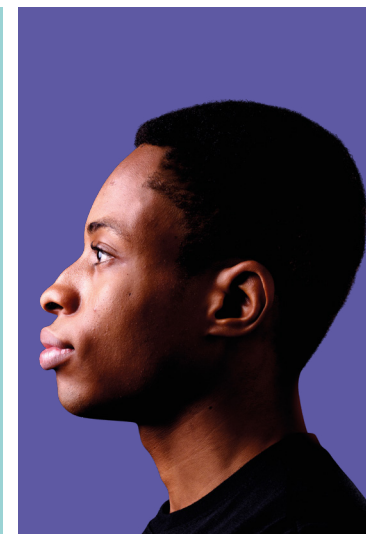
**THE  
BRAIN  
TUMOUR  
CHARITY**

## SHOWING SYMPTOMS?

Anyone with symptoms that are unusual, persistent or unexplained should be seen by a GP. If you are worried, make an appointment with your doctor.

**For a full list of symptoms associated with different age groups, please see the reverse of this leaflet.**

**Please remember anyone needing urgent medical help should be taken to the nearest emergency department or dial 999.**



If you would like to talk to someone about brain tumours, please contact the Support and Information Line at The Brain Tumour Charity on:

**0808 800 0004**

[support@thebraintumourcharity.org](mailto:support@thebraintumourcharity.org)

To check your symptoms and find out more, visit:  
**headsmart.org.uk**

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# BABIES

UNDER 5 YEARS

- Persistent/recurrent vomiting
- Balance, coordination and/or walking problems
- Abnormal eye movements or suspected loss of vision\*
- Behaviour change, particularly lethargy
- Fits or seizures (not with a fever)^
- Abnormal head position such as a wry neck, head tilt or stiff neck\*
- Increasing head circumference
- Reduced consciousness
- Onset of diabetes insipidus
- Delayed growth

1 symptom: see GP

2+ symptoms: ask GP about an urgent referral

\*Starred symptoms: see GP and Optician

^Go straight to A&E

# CHILDREN

5-11 YEARS

- Persistent/recurrent headache\*
- Balance, coordination and/or walking problems
- Persistent/recurrent vomiting
- Abnormal eye movements\*
- Blurred or double vision/loss of vision\*
- Behaviour change
- Fits or seizures (not with a fever)^
- Abnormal head position such as a wry neck, head tilt or stiff neck\*
- Reduced consciousness
- Onset of diabetes insipidus
- Delayed growth

1 symptom: see GP

2+ symptoms: ask GP about an urgent referral

\*Starred symptoms: see GP and Optician

^Go straight to A&E

# TEENS

12-18 YEARS

- Persistent/recurrent vomiting\*
- Persistent/recurrent headache
- Balance, coordination and/or walking problems
- Abnormal eye movements\*
- Blurred or double vision/loss of vision\*
- Behaviour change
- Fits or seizures (not with a fever)^
- Abnormal head position such as a wry neck, head tilt or stiff neck
- Reduced consciousness
- Onset of diabetes insipidus
- Delayed or arrested puberty

1 symptom: see GP

2+ symptoms: ask GP about an urgent referral

\*Starred symptoms: see GP and Optician

^Go straight to A&E

# ADULTS

18 YEARS+

- Nausea/vomiting
- Persistent/recurrent headache\*
- Balance problems
- Problems with vision\*
- Fatigue
- Fits or seizures (not with a fever)^
- Memory problems
- Cognitive changes
- Speech difficulties
- Mobility problems
- Numbness/tingling
- Loss of taste or smell

1 symptom: see GP

2+ symptoms: ask GP about an urgent referral

\*Starred symptoms: see GP and Optician

^Go straight to A&E