

BETTER SAFE THAN TUMOUR.



This card is designed to help you know and spot **the signs and symptoms of brain tumours**

**THE
BRAIN
TUMOUR
CHARITY**

SHOWING SYMPTOMS?

Anyone with symptoms that are unusual, persistent or unexplained should be seen by a GP. If you are worried, make an appointment with your doctor.

For a full list of symptoms associated with different age groups, please see the reverse of this leaflet.

Please remember anyone needing urgent medical help should be taken to the nearest emergency department or dial 999.



If you would like to talk to someone about brain tumours, please contact the Support and Information Line at The Brain Tumour Charity on:

0808 800 0004

support@thebraintumourcharity.org

To check your symptoms and find out more, visit:
headsmart.org.uk

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BABIES

UNDER 5 YEARS

- Persistent/recurrent vomiting
- Balance, coordination and/or walking problems
- Abnormal eye movements or suspected loss of vision*
- Behaviour change, particularly lethargy
- Fits or seizures (not with a fever)^
- Abnormal head position such as a wry neck, head tilt or stiff neck*
- Increasing head circumference
- Reduced consciousness
- Onset of diabetes insipidus
- Delayed growth

1 symptom: see GP

2+ symptoms: ask GP about an urgent referral

*Starred symptoms: see GP and Optician

^Go straight to A&E

CHILDREN

5-11 YEARS

- Persistent/recurrent headache*
- Balance, coordination and/or walking problems
- Persistent/recurrent vomiting
- Abnormal eye movements*
- Blurred or double vision/loss of vision*
- Behaviour change
- Fits or seizures (not with a fever)^
- Abnormal head position such as a wry neck, head tilt or stiff neck*
- Reduced consciousness
- Onset of diabetes insipidus
- Delayed growth

1 symptom: see GP

2+ symptoms: ask GP about an urgent referral

*Starred symptoms: see GP and Optician

^Go straight to A&E

TEENS

12-18 YEARS

- Persistent/recurrent vomiting*
- Persistent/recurrent headache
- Balance, coordination and/or walking problems
- Abnormal eye movements*
- Blurred or double vision/loss of vision*
- Behaviour change
- Fits or seizures (not with a fever)^
- Abnormal head position such as a wry neck, head tilt or stiff neck
- Reduced consciousness
- Onset of diabetes insipidus
- Delayed or arrested puberty

1 symptom: see GP

2+ symptoms: ask GP about an urgent referral

*Starred symptoms: see GP and Optician

^Go straight to A&E

ADULTS

18 YEARS+

- Nausea/vomiting
- Persistent/recurrent headache*
- Balance problems
- Problems with vision*
- Fatigue
- Fits or seizures (not with a fever)^
- Memory problems
- Cognitive changes
- Speech difficulties
- Mobility problems
- Numbness/tingling
- Loss of taste or smell

1 symptom: see GP

2+ symptoms: ask GP about an urgent referral

*Starred symptoms: see GP and Optician

^Go straight to A&E